minimed

Getting started guide

Smart MDI System with Simplera™ CGM and InPen™ smart insulin pen

Pre-training steps:

Download the Simplera CGM and InPen apps

Available on the App Store

GET IT ON Google Play

inpen

Medtronic

Create a CareLink™ Personal account: Scan QR code

Tip: Save the username and password selected (will be required for setup)

Training steps:

1 Simplera CGM app

- Follow in-app instructions to set up the Simplera CGM app
- Insert and pair Simplera sensor by watching the in-app videos
- Enter settings selected by healthcare provider for low and high glucose alerts (see below)
- If desired, create care partner account (can also be created later)

2 InPen smart insulin pen app

- Follow in-app instructions to set up the InPen app
- Enter settings provided by healthcare provider for rapid-acting insulin, long-acting insulin, reminders and alerts (see page 2)
- Install a new rapid-acting insulin cartridge by watching the in-app video

3 Connecting the two apps

- To link Simplera sensor data to the InPen app, tap on "Settings" tab in the InPen app
- Tap on the "Connections" tab and select "Medtronic CGM"
- Tap "Connect Now" (continue with steps below)

4 Connecting to CareLink

- On the next screen, click "Continue" to allow your InPen data to be accessed via CareLink so your healthcare provider can view your Insights Reports
- Enter your CareLink Personal username and password and tap "Log In"

Enter Simplera sensor alerts:

Low Limit: _____ mg/dL

Alert Me: _____

Options: Don't Alert Me
At Low Limit
Before Low Limit
Before and At Low Limit

Time Before Low: _____ minutes

High Limit: _____ mg/dL

Alert Me: _____

Options: Don't Alert Me
At Low Limit
Before Low Limit
Before and At Low Limit

Time Before High: _____ minutes

Enter InPen meal therapy settings:

☐ **Carb Counting:**

Time	Carb Ratio
_____ a.m./p.m.	_____ g/U
_____ a.m./p.m.	_____ g/U
_____ a.m./p.m.	_____ g/U
_____ a.m./p.m.	_____ g/U

☐ **Meal Estimation:**

Meal	Low Carb	Med Carb	High Carb
Breakfast	_____U	_____U	_____U
Lunch	_____U	_____U	_____U
Dinner	_____U	_____U	_____U
Snack	_____U	_____U	_____U

☐ **Fixed Dose:**

Meal	Units per meal
Breakfast	_____ U
Lunch	_____ U
Dinner	_____ U
Snack	_____U

Enter rapid-acting insulin settings:

Dose Calculator settings:

Maximum Calculated Dose: _____ units

Duration of Insulin Action: _____ hh:mm

Time of Day Settings: _____ ON / OFF

Target Blood Glucose: _____ mg/dL

Insulin Sensitivity Factor: _____ mg/dL/U

Enter long-acting insulin settings:

Insulin Type: _____

Doses per day: _____ (1 or 2)

Dose 1: _____ units

_____ a.m./p.m.

Dose 2: _____ units

_____ a.m./p.m.

Enter InPen app reminders and alerts:

Long-acting reminder: _____ ON / OFF

Missed Dose alert: Day Time: ON / OFF Night Time: ON / OFF

Correct High Glucose alert: Day Time: ON / OFF Night Time: ON / OFF

Alert Me When I Need: _____ units

InPen™ Smart Insulin Pen System
The InPen system consists of an app and reusable pen for people living with diabetes. It can be used to deliver insulin, help calculate insulin doses, and estimate carbohydrates for meals. Those under the age of 7 should only use the device with an adult's supervision. A healthcare provider must prescribe InPen, provide dosage settings, and discuss all potential benefits and risks. Using the device with incorrect therapy settings may lead to severe highs and lows. The InPen should not be used by those unable to test blood glucose levels or the visually impaired. For additional product and important safety information, see https://bit.ly/InPenSafety.

Simplera™ System
The Simplera™ System requires a prescription and is indicated for the management of diabetes in persons ages 18 years and older. The sensor is indicated for up to 6 days of use plus an additional 24-hour grace period. Blood glucose (BG) readings are required (1) during the first 12 hours of use, (2) if no sensor data is available, (3) when symptoms do not match the sensor glucose (SG) value, and (4) when taking certain medications. Not taking BG readings as indicated can lead to incorrect sensor glucose readings, over-administration of insulin, and possible hypoglycemia. Proper settings and hearing are also required. Sensor use can also result in skin irritation, bruising, discomfort, redness, bleeding, and infection, and sensors in general also pose a choking risk to young children, which can result in serious injury or death. For complete details see https://www.medtronicdiabetes.com/support/download-library/user-guides and https://bit.ly/SimpleraSafety.

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