Lenny™ the Lion’s
GUIDE TO INFUSION SETS

Back of Arms
Slower absorption than the tummy, however, absorption can increase when highly active.

Hips and Buttocks
Slower absorption than the tummy but may be good for those who are more active.

Tummy
Considered the best absorption area.

Buttocks

Why It’s Important to Change My Infusion Set
Changing your infusion set and reservoir regularly can help prevent:

• Infection
• Unexplainable highs
• Scarring
• Fatty tissue buildup
• Long-term complications

How to Rotate My Infusion Sites
Visualize an imaginary clock drawn on your tummy surrounding your belly button. Rotate infusion site by
starting in the 12 o’clock position and then rotating the site clockwise to
3 o’clock, 6 o’clock, and so on.

Imagine an “N” or “W” pattern approximately 4 inches long on either side of your belly button. Start at
the end of one letter and proceed through the letter, creating the infusion set at each intersection.

Recommended Infusion Sites
Possible Infusion Sites

Sponsored by Medtronic
How to Rotate My Infusion Sites

Visualize an imaginary clock drawn on your tummy surrounding your belly button. Rotate infusion sites by starting at the 12 o’clock position and then rotating the site clockwise to 3 o’clock, 6 o’clock, and so on.

Imagine an “M” or “W” pattern approximately 4 inches long on either side of your belly button. Start at the end of one letter and proceed through the letter, rotating the infusion set at each intersection.