Questions to ask your healthcare provider

Smart insulin pen systems

Deciding to try a new diabetes therapy is a big decision. We hope this guide will help you get the information you need to make a choice about therapy.

**Considerations for your lifestyle**

Try to answer these questions before your appointment.

- How are you hoping technology will improve your life?
- What do you struggle with most when managing your diabetes?
- How much time are you willing to spend learning to use new technology?

**TIP:** Jot down your answers on a piece of paper or take notes on your phone, and bring them with you to the appointment.

**Questions to ask your doctor**

Answers to these questions can help you identify what technology will work best for you.

- What are the benefits of using a smart system compared to standard injection therapy?
- How will this technology change my routine and habits?
- What is the benefit of using dosing recommendations?
- What type of insulin will I need to use with a smart pen system?
- How could automated dose logging make management easier?